

UNB is here.

Where graduates make mental health a workplace priority.



Every day, 3.7 million Canadians experience unhealthy levels of stress in the workplace. With a Certificate in Psychologically Safe Leadership, you can unlock the skills to make a real difference. It's a self-paced, online program that empowers managers to help their teams stay psychologically healthy, productive and happy.

Wherever our people are supporting mental health in the workplace, that's where you'll find UNB.

To learn more, visit go.unb.ca/employeeewellness.

